

CONSERVATION AND MAINTENANCE:

Remove the lining from the frame. Wash manually in mild washing agents at the temperature of up to 35°C, do not chlorinate, do not dry wash, do not squeeze nor spin, squeeze softly prior to drying. Dry away from artificial sources of heat. Spread out for drying. Do not iron.



Size	S	M	L
Patient's height (cm)	150 - 165	165 - 170	Above 170



ATTENTION!

Not observing the rules of personal hygiene and cleaning the vest with inappropriate detergents may result in skin abrasion or other effects related to perspiration. Please, do not use gels or warming ointment. Do not forget to rinse carefully after washing-detergent residue, otherwise that residue can cause skin irritation and damage product material.

The product is not fireproof. Do not use close to the open sources of fire.

THE FINAL DECISION CONCERNING THE APPLICATION AND CHOICE OF THE EQUIPMENT BELONGS TO A CONSULTANT

Instructions for use

ARM ABDUCTION ORTHOSIS

Catalogue Number:	DRQJ0A
Basic UDI-DI:	59017804DRQJ0AM3



Qmed[®]
BY MEYRA

CE

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INSTRUCTIONS FOR USE

APARAT ODWODZĄCY KOŃCZYNĘ GÓRNĄ

Arm abduction orthosis ensures effective stabilisation of the shoulder joint in therapeutic position in the cases of different injuries in that area. It can also be applied as a post-surgical aid, to shorten and ensure proper run of the process of convalescence. It allows setting the proper angle of abduction of the limb depending on the stage of treatment and rehabilitation and in accordance with the doctor's or the therapist's recommendations.

INDICATIONS:

- Treatment after dislocation of the shoulder, plasty or injury to the rotor cone.
- Arthroscopy of the shoulder joint, sub-capitular fracture, bankart type injury.
- Post-surgical stabilisation of the shoulder joint, endoprosthesis of the shoulder joint.

CONTRAINDICATIONS:

- Conditions that require immobilisation in a different therapeutic position (adduction, internal rotation).
- Particular care should be taken when the orthosis is applied to patients with dysaesthesia within the range of influence of the orthosis also patients with intellectual dysfunctions should be under particular monitoring.
- In case of strong pain reactions which can occur during application of orthosis, the patient should promptly contact a doctor or therapist.

PRODUCT DESCRIPTION:

The device is made of a light, strong frame made of steel, with a lock to stabilise the shoulder at an appropriate, therapeutic angle (15°, 30°, 45°, 60°, 75°, 90°). The frame is covered with soft lining made of breathable fabric which ensures comfort of use. The totally adjustable system of stabilizing webbings allows ideal fitting to any anthropometric dimensions of the patient. The suitable location of the webbings provides stabilization of the abducted limb and evenly distribute its weight,

preventing strain on the opposite shoulder and the cervical spine.

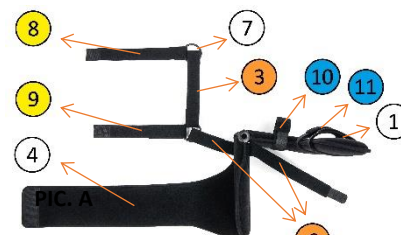
THE ORTHOSIS CONSISTS OF:

1. Rotary knob
2. Arm support
3. Transverse strap
4. Waist belt
5. Vertical support
6. Thoracic strap
7. Grommet
8. Front stabilizing strap
9. Back stabilizing strap
10. 11.12. arm and forearm stabilizing straps

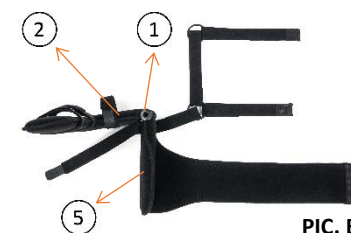
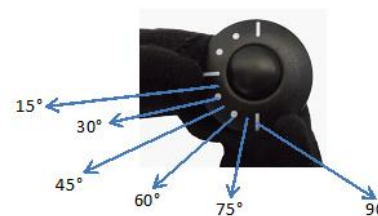
PUTTING ON:

1. The orthosis is universal for left and right arm. For this reason, as a first step, it is necessary to adapt it to chosen upper limb (left or right). In order to do that, please, twist off the rotary knob (pic.B, 1) and adjust the arm support (pic.B, 2) to left or right hand. Picture A presents the orthosis adjusted for right hand and picture B presents the orthosis adjusted for left hand.
2. As a second step, adjust the abduction angle to patient's needs. You can do that by changing position of arm support. First, twist off the knob (pic. C, 1). Choose the appropriate angle: Then, tighten the knob (pic. C, 1).
3. The orthosis is ready to be put on. Please, do not forget to make sure that the knob is placed under the armpit. Fasten the waist belt (4) – the vertical support (5) should adhere to the body.
4. Attach the thoracic strap (6) to the grommet (7). The thoracic strap should be placed above patient's chest. Attach the stabilizing straps (8,9) to the waist belt (4). Please, check the picture C and D- the stabilizing strap marked as 8 should be fastened on the front and the stabilizing strap marked as 9 should be fastened at the back. Put on the straps so that the transverse strap (3) should be placed on the opposite shoulder.
5. Adjust the length of all the straps. The orthosis provides arm immobilization only if it is fitted and adjusted to the body properly. The orthosis cannot move.
6. Fasten the straps which stabilize the arm and forearm (11,12).

ATTENTION! The straps should be fastened in such a way to support appropriate position of upper limb. The transverse strap (3) should be placed on the shoulder, never on the patient's neck.



PIC. C



PIC. B



PIC. D

